

# Chromatic Scale#1

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## PRACTICE DIFFERENT RHYTHMS:

- Quarter Notes - 4/4
- Triplets - 3/8
- Eighth Notes - 4/8
- Shuffle Patterns - 6/8
- Odd Meters - 5/8 - 7/8 - 9/8

## Chromatic scale on each string

### 12 rules of technique:

- All four fingers curved evenly
- Always curve fingers evenly in a tight "hook" shape
- Never straighten the fingers
- Thumb behind 2nd finger
- Never bend the thumb!
- Minimize lifting off of string
- Keep fingers close to string
- Pull fingers downward when releasing - never *lift up!*
- Play only with tips of fingers
- Tips directly behind fret
- Do not bend wrist!
- Wrist always evenly flat with forearm - Never bend wrist!

Shift

*When shifting UP, always release pressure from the thumb behind the neck and keep all four fingers always curved in a "hook" shape. Move entire hand up four frets to place the 1st finger directly above where the 4th finger was.*

3rd Fret

5th Fret

7th Fret

9th Fret

12th Fret

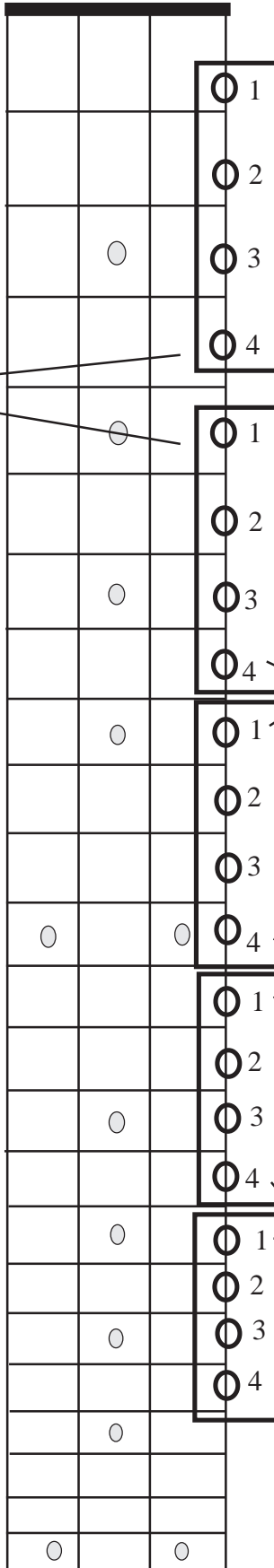
15th Fret

17th Fret

19th Fret

21st Fret

24th Fret



Shift

*When shifting DOWN, always "pull" fingers straight down towards the floor. Do not lift them straight up. Never straighten your fretting fingers. Always place all four fingers simultaneously on the string at the next descending position.*

Shift

Shift

## PRACTICE:

### ALL PERMUTATIONS OF 4 FINGERS:

- |         |         |         |         |
|---------|---------|---------|---------|
| 1-2-3-4 | 2-1-4-3 | 3-1-2-4 | 4-1-2-3 |
| 1-2-4-3 | 2-1-3-4 | 3-1-4-2 | 4-1-3-2 |
| 1-3-4-2 | 2-3-1-4 | 3-2-1-4 | 4-2-1-3 |
| 1-3-2-4 | 2-3-4-1 | 3-2-4-1 | 4-2-3-1 |
| 1-4-2-3 | 2-4-1-3 | 3-4-2-1 | 4-3-1-2 |
| 1-4-3-2 | 2-4-3-1 | 3-4-1-2 | 4-3-2-1 |