

Chromatic Scale#1

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PRACTICE:

ALL PERMUTATIONS OF 4 FINGERS:

1-2-3-4	2-1-4-3	3-1-2-4	4-1-2-3
1-2-4-3	2-1-3-4	3-1-4-2	4-1-3-2
1-3-4-2	2-3-1-4	3-2-1-4	4-2-1-3
1-3-2-4	2-3-4-1	3-2-4-1	4-2-3-1
1-4-2-3	2-4-1-3	3-4-2-1	4-3-1-2
1-4-3-2	2-4-3-1	3-4-1-2	4-3-2-1

3rd Fret

Shift

5th Fret

When shifting UP, always release pressure from the thumb behind the neck and keep all four fingers always curved in a "hook" shape. Move entire hand up four frets to place the 1st finger directly above where the 4th finger was.

7th Fret

9th Fret

12th Fret

15th Fret

17th Fret

19th Fret

21st Fret

24th Fret

1

2

3

4

1

2

3

4

1

2

3

4

1

2

3

4

1

2

3

4

Shift

Shift

Shift

Chromatic scale on each string
12 rules of technique:

- All four fingers curved evenly
- Always curve fingers evenly in a tight "hook" shape
- Never straighten the fingers
- Thumb behind 2nd finger



- Never bend the thumb!
- Minimize lifting off of string
- Keep fingers close to string
- Pull fingers downward when releasing - never lift up!
- Play only with tips of fingers
- Tips directly behind fret
- Do not bend wrist!
- Wrist always evenly flat with forearm - Never bend wrist!

When shifting DOWN, always "pull" fingers straight down towards the floor. Do not lift them straight up. Never straighten your fretting fingers. Always place all four fingers simultaneously on the string at the next descending position.

PRACTICE DIFFERENT RHYTHMS:

Quarter Notes - 4/4

Triplets - 3/8

Eighth Notes - 4/8

Shuffle Patterns - 6/8

Odd Meters - 5/8 - 7/8 - 9/8